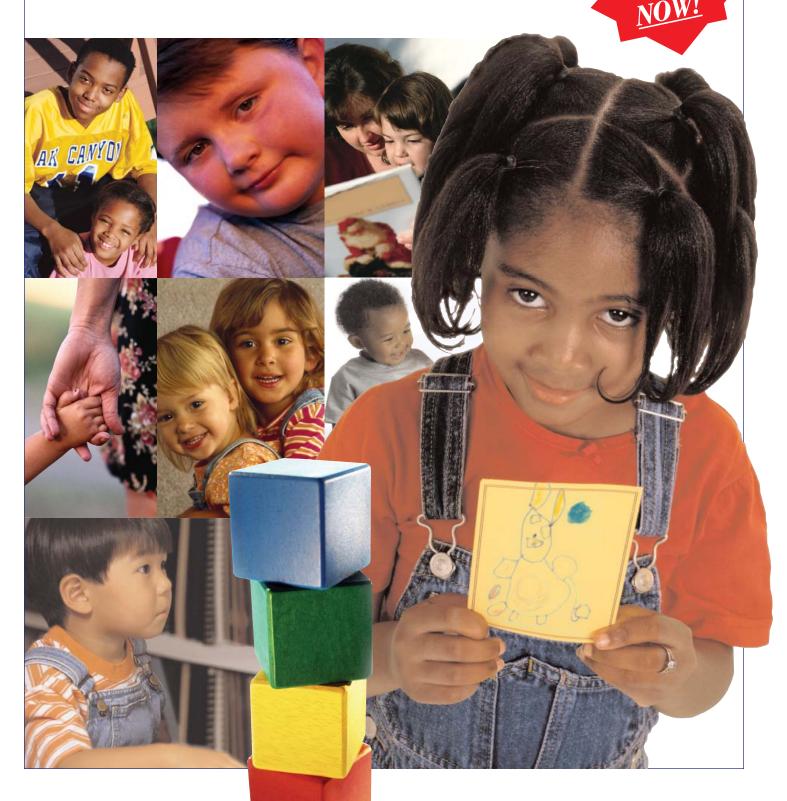
CHILD CARE PROVIDER TRAINING

PROFESSIONAL DEVELOPMENT CATALOG FALL 2005





August 2005

Dear Colleagues:

Thank you for your past support, **AND PLEASE DO NOT THROW OUT THIS CATALOG!!!** We heard that many providers did not recognize the new format for announcing child care provider training; **this semi-annual catalog replaces the previous child care training "fliers"**. The catalog is designed to be more helpful to you, and we saved money with the new format. We have some exciting news for you regarding child care provider professional development in Virginia. We invite you to take advantage of the many training opportunities.

We are offering five new courses this fall:

- Beyond the Common Cold: Reducing the Risk of Bloodborne Infections in Child Care Settings
- Developing Creative Thinkers
- Exploring Music and Rhythm with School-Age Children
- Choices and Challenges in Creating a Healthy Environment for Children Mini-Conference
- Reframing Discipline Part 2: Connecting With Every Child

To find other training opportunities, don't forget to check our website's **Training Information for Provider Success (TIPS) Calendar** at http://www.dss.virginia.gov/redirect/?83. Other training organizations post their child care courses on TIPS, also. In addition, please take advantage of some of our additional educational opportunities. There are TWO video series, **The Whole Child Training Program** and **The Infant and Toddler Training Program** that are available at your local Licensing Office. The **Read-A-Book Training Program** will be ready in the near future. Participants will learn by reading adult books on child care and children's literature. A separate flier announcing details will be mailed to you when the program becomes available.

You may want to take advantage of an online course called, **Child Abuse and Neglect: Recognizing, Reporting, and Responding for Educators**. Successful completion of this course provides 2 hours of training credit. You may access the course at www.vcu.edu/vissta/training/va_teachers. Additionally, you may wish to take advantage of some prevention and early intervention courses for child care providers, home visitors and parents, offered by Square One in partnership with the Virginia Institute for Social Services Training Activities at Virginia Commonwealth University (VCU-VISSTA). Visit their website at www.SqOne.org. Finally, we will offer 6 opportunities to complete all four courses in our Preschool Children series within a 2-month timeframe.

The **Virginia Child Care Provider Scholarship Program** is available to anyone working in the child care field, or interested in working in this field. We encourage providers to take one or more of the approved child care courses. For more information, please go to http://www.dss.virginia.gov/facility/scholarship.html.

Due to streamlining our processes, we will **no longer be able to offer refunds for cancelled classes**. Instead, we will provide vouchers in \$5 denominations that will be sent to whoever paid for the class. The vouchers may be used to pay for future Virginia Department of Social Services (VDSS) child care courses.

It is our intention to assist you as much as we can to become more knowledgeable about quality child care. Thank you for your daily dedication to a challenging job of providing child care for Virginia's parents.

Sincerely,

Kathy D. Gillikin, Quality Child Care Manager Division of Child Care and Development, Virginia Department of Social Services

VIRGINIA DEPARTMENT OF SOCIAL SERVICES

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REGISTRATION INFORMATION

The Division of Child Care and Development of the Virginia Department of Social Services provides classes throughout the Commonwealth for child care providers. This catalog includes classes offered for the Fall 2005 training semester and is organized into three main sections:

- Fall Classes including a pull-out calendar of classes by region
- Additional Educational Opportunities
- Comprehensive Listing of All Courses

Who Can Register for Classes

The training is open to child care providers from:

- licensed child day centers
- religiously exempt child day centers
- certified preschools
- · head start programs
- licensed family day homes

- family day homes approved by a family day system
- · voluntarily registered family day homes
- family day homes approved by local departments of social services
- unregulated child care providers paid by local departments of social services

How To Use the Catalog

- Review the catalog and select classes of interest.
- Use the fold-out of the Fall 2005 Calendar of Classes by Region to help locate classes in your area.
- Photocopy the Registration Form as needed and complete one per class.

How To Register for Classes

- Complete one Registration Form per class. Multiple registrants may be listed on each form.
- Enter the correct fee per person for each class. See page 12 for table of classes and fees.
- Attach one check or money order per class made payable to: TREASURER OF VIRGINIA.

NOTE: Do not send one check that covers the cost of more than one training date or more than one location. It will be rejected and returned to you delaying or preventing registration.

- Make a copy of the Registration Form for your records before you mail it to the correct VISSTA office.
- Mail the Registration Form and check/money order to the VISSTA office handling the registration for the location selected. See the reverse side of the registration form for where to send registration forms and payment.

NOTE: The registration deadline is 1 week before the class date.

- You will be registered to attend the training and will receive a confirmation letter with directions to the training location if:
 - 1. space is available, and
 - 2. the Registration Form and check/money order are completed properly, sent to the correct VISSTA office, and received on time.
- If the class is filled, checks/money orders will be returned to you.
- If a class is canceled by the Virginia Department of Social Services, **REFUNDS WILL NO LONGER BE GIVEN**. Instead of a refund, a voucher will be given that can be used for any other classes offered in the fall or later.
- A \$15 fee will be charged on checks returned for insufficient funds.

Attending Classes

- Bring the confirmation letter to the class in order to be admitted and receive a certificate.
- Do not attend the class unless you receive a confirmation letter.
- If you have not received a confirmation letter at least one week before the class date, call the VISSTA office handling your registration.
- Walk-ins are NOT allowed. As of January 1, 2005 VDSS is strictly enforcing the no walk-in policy.
 People who arrive at a class without pre-registering will be turned away.
- Please make every effort to attend, or send a substitute to, each class for which your registration is confirmed.
- Be on time. Review directions and a map in advance to avoid getting lost. Hours will be reduced on the training certificate if you arrive late or leave early.
- Children are NOT allowed at VDSS classes. Providers bringing children will be turned away.



Child Care Provider Training Professional Development Catalog

REGISTRATION FORM - COMPLETE AND RETURN ENTIRE FORM

IMPORTANT!

Registration deadline is one week before the class.

Enter only one class, one date/time and one class location on this registra-

tion form. For online information on classes, visit the following website:

http://www.dss.virginia.gov/redirect/?83.		The fee varies per class. See class information on page 12.		155.		
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DATE OF	F CLASS	TIME			you are planning to send form(s) and p	
CLASS I	LOCATION		Checks/money or	ders will be return	ned to you if the clas	ss is filled.
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E-MAIL	ADDRESS					
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2.	FIRST NAME MI	LAST NAME				
3.	FIRST NAME MI	LAST NAME				
4.	FIRST NAME MI	LAST NAME				
YOU MA	Y COPY THIS FORM TO REGISTER ADDITIONA	AL PEOPLE.				
		CODI	ES			
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VIRGINIA DEPARTMENT OF SOCIAL SERVICES

WHERE TO SEND REGISTRATION FORMS AND PAYMENT

NOTE: Sending your registration to the wrong VISSTA office will delay or prevent registration.

NORTHERN LOCATIONS

FOR CLASSES HELD IN: SEND FORMS AND PAYMENT TO: Alexandria VISSTA, Child Care Training

Dumfries Fairfax Department of Family Services

Fairfax 12011 Government Center Parkway, Suite 622

Fairfax, Virginia 22035-1102

Fredericksburg 703-324-7197

Harrisonburg Manassas Springfield

Falls Church

CENTRAL LOCATIONS

FOR CLASSES HELD IN: SEND FORMS AND PAYMENT TO: Charlottesville VCU-VISSTA, Child Care Training

Chesterfield 1604 Santa Rosa Road Chester 2nd Floor, Suite 232A

Henrico Richmond, Virginia 23229-5008

Sandston 804-662-7470

EASTERN LOCATIONS

FOR CLASSES HELD IN: SEND FORMS AND PAYMENT TO: Chesapeake VISSTA, Child Care Training

Hampton Department of Social Services

Newport News 1320 LaSalle Avenue

Norfolk Hampton, Virginia 23669-3801

Virginia Beach 757-727-1880

SOUTHWEST LOCATIONS

FOR CLASSES HELD IN:

Abingdon

Wytheville

SEND FORMS AND PAYMENT TO:

VISSTA, Child Care Training

450 Commerce Drive, Suite 6

Abingdon, Virginia 24211

276-623-0134

PIEDMONT LOCATIONS

FOR CLASSES HELD IN: SEND FORMS AND PAYMENT TO: VISSTA. Child Care Training

VISSTA, Child Care Training 210 First Street, SW, Suite 405

Roanoke, Virginia 24011

540-853-6380

perforation

REGISTRATION FORM - COMPLETE AND RETURN ENTIRE FORM

IMPORTANT!

Registration deadline is one week before the class.

Infants, Toddlers, Preschoolers & School-Agers

Enter only one class, one date/time and one class location on this registra-

tion form. For online information on classes, visit the following website:

http://www.dss.virginia.gov/redirect/?83. The fee varies per class. See class information on page 12. NAME OF CLASS ___ Send ONLY one check per class. Make check payable to **Treasurer of Virginia**. CCD NUMBER Mail registration form and payment to VISSTA office handling registration for the class location you are planning to attend. See back of this page for where to send form(s) and payment. TIME ____ DATE OF CLASS ___ Checks/money orders will be returned to you if the class is filled. CLASS LOCATION ___ YOUR EMPLOYMENT INFORMATION DIRECTOR'S NAME FACILITY NAME ___ FACILITY TYPE CODE OTHER (SPECIFY) (select one code from box below) FACILITY ADDRESS _____ ____ DAYTIME TELEPHONE () _____ CITY ______ STATE ____ ZIP CODE _____ FACILITY FAX NUMBER () _____ E-MAIL ADDRESS REGISTRANTS' INFORMATION ALL INFORMATION IS REQUIRED. MISSING INFORMATION WILL DELAY OR PREVENT REGISTRATION. DRIVER'S LICENSE **EDUCATION** AGE GROUPS NUMBER LEVEL SERVED (if you do not drive, (select one code (select one code please provide last 4 digits from box below) from box below) of Social Security Number) FIRST NAME LAST NAME FIRST NAME LAST NAME 2. FIRST NAME LAST NAME 3. LAST NAME FIRST NAME MI YOU MAY COPY THIS FORM TO REGISTER ADDITIONAL PEOPLE. CODES **FACILITY TYPE EDUCATION LEVEL AGE GROUPS SERVED** Select the one category that reflects the ages of the Select code for highest level of education you Select code for type of facility where you children you serve. are employed. have completed. Codes **Description of Codes** Codes **Description of Codes** Infants Only (Birth to 16 mo) **Description of Codes** Codes ND Attended high school (no diploma) Toddlers Only (16 mo up to 2 years)
Preschoolers Only (2 years up to 5 years) Licensed Child Day Center High School Diploma/G.E.D. HS/GED R Religiously Exempt Child Day Center Career Studies Certificate C S School-Agers Only (5-12) P Certified Preschool 1 YR Early Childhood Ed. Certificate ĬΤ Infants & Toddlers Α **Head Start Program** IΡ Associates Degree Infants & Preschoolers Α Н Licensed Family Day Home IS Infants & School-Agers В Bachelors Degree Voluntarily Registered Family Day Home ٧ TP Toddlers & Preschoolers M Masters Degree Family Day Home Approved by Local DSS Toddlers & School-Agers TS **Doctorate Degree** D Unregulated Provider (paid by local DSS) PS Ū Preschoolers & School-Agers Other Infants, Toddlers & Preschoolers Family Day Home Approved by a **ITP** S Infants, Toddlers & School-Agers ITS Family Day Home System **IPS** Infants, Preschoolers & School-Agers 0 Other (Specify above) **TPS** Toddlers, Preschoolers & School-Agers

VIRGINIA DEPARTMENT OF SOCIAL SERVICES

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Dumfries Fairfax Department of Family Services

Fairfax 12011 Government Center Parkway, Suite 622

Fairfax, Virginia 22035-1102

703-324-7197

Falls Church Fredericksburg Harrisonburg Manassas Springfield

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Norfolk Hampton, Virginia 23669-3801

Virginia Beach 757-727-1880

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Abingdon

Wytheville

SEND FORMS AND PAYMENT TO:

VISSTA, Child Care Training

450 Commerce Drive, Suite 6

Abingdon, Virginia 24211

276-623-0134

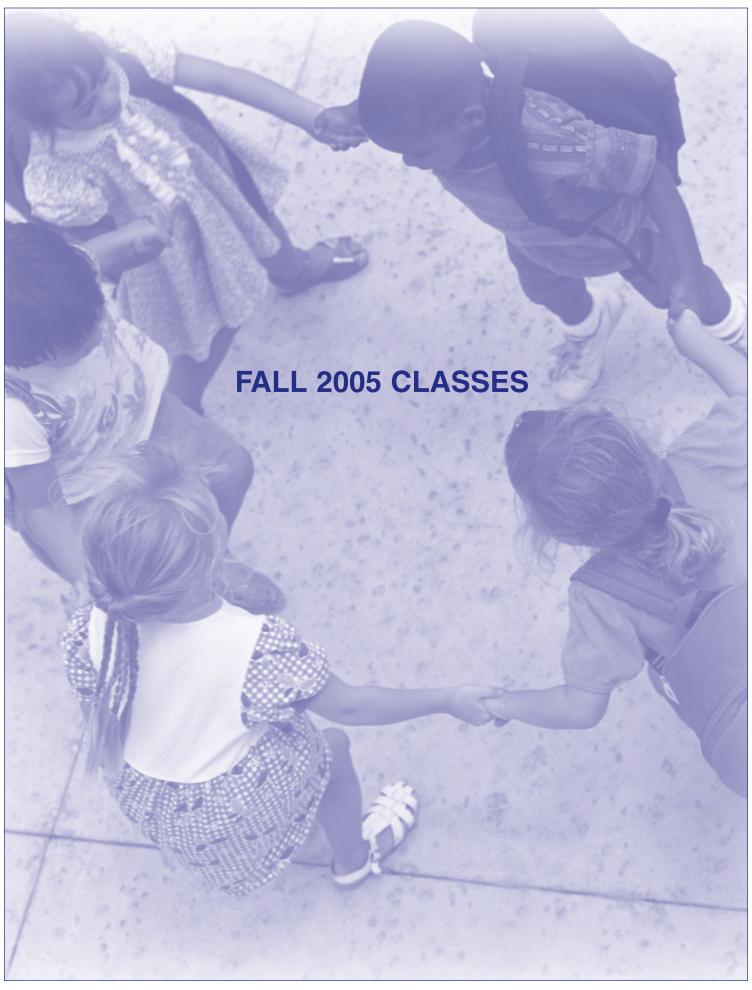
PIEDMONT LOCATIONS

FOR CLASSES HELD IN: SEND FORMS AND PAYMENT TO: VISSTA. Child Care Training

VISSTA, Child Care Training 210 First Street, SW, Suite 405

Roanoke, Virginia 24011

540-853-6380



TRAINING CLASSES AND FEES FOR FALL 2005

	TOPIC/TITLE	CCD Number	FEES PER PERSON	PAGE Number
	Ages and Stages of Development for Infants and Toddlers (4 hours)	CCD0100	\$10.00	Page 13
	An Introduction to the Project Approach (4 hours)	CCD0502	\$10.00	Page 13
	At Wit's End: Addressing Behavior Challenges of Children with Disabilities (6 hours)	CCD0405	\$20.00	Page 14
NEW	Beyond the Common Cold: Reducing the Risk of Bloodborne Infections in Child Care Settings (Videoconference) (3 hours)	CCD0821	\$ 5.00	Page 14
NEW	Choices and Challenges in Creating a Healthy Environment for Children (Mini-Conference) (6 hours)	CCD1001	\$25.00	Page 15
NEW	Developing Creative Thinkers (3 hours)	CCD1404	\$10.00	Page 15
NEW	Exploring Music and Rhythm with School-Age Children (3 hours)	CCD0311	\$10.00	Page 16
	Fit Kidz: Physical Fitness Activities for Maintaining a Healthy Lifestyle (4 hours)	CCD0806	\$10.00	Page 16
	Food and Fitness in Virginia (4 hours)	CCD0817	\$10.00	Page 17
	From Picky Eaters to Overeaters: Challenges in Feeding Young Children (4 hours)	CCD0820	\$10.00	Page 17
	Guiding Behavior Using Sign Language (4 hours)	CCD1516	\$10.00	Page 18
	Numeracy for Preschoolers: 1-2-3 Play with Me (Videoconference) (3 hours)	CCD1903	\$ 5.00	Page 18
	Nurturing Productive Partnerships with Parents (4 hours)	CCD1504	\$10.00	Page 19
.	Photography and Visual Learning: "A Child's Eye View" (3 hours)	CCD1511	\$25.00	Page 19
REVISED	Playground Safety (3 hours)	CCD0810	\$10.00	Page 20
NEW	Reframing Discipline Part 2: Connecting with Every Child (4 hours)	CCD1517	\$10.00	Page 20
	Safely on the Move: Securing Children for Transport (4 hours)	CCD0812	\$10.00	Page 21
	Preschool Children Series			Page 23
	Part 1 - Ages and Stages of Development of Preschoolers Ages Three to Five (4 hours)	CCD0200	\$10.00	Page 24
	Part 2 - Creating an Age Appropriate Learning Environment for Preschoolers (4 hours)	CCD0201	\$10.00	Page 24
	Part 3 - Planning Age and Stage Appropriate Activities for Preschoolers (4 hours)	CCD0202	\$10.00	Page 25
	Part 4 - Guiding the Behaviors of Preschool Children Ages Three to Five (4 hours)	CCD0203	\$10.00	Page 25

CCD0100 AGES AND STAGES OF DEVELOPMENT FOR INFANTS AND TODDLERS (Infant and Toddlers Series – Part 1)

Length: 4 Hours – 9:00 a.m. – 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with infants and toddlers

Overview

This class is the first in a series of topics related to the care and development of infants and toddlers. The class will provide participants with information on the ages and stages of development for infants and toddlers. The primary focus of this class will be to explore three needs that are central to the young child's growth: security, exploration, and identity. In addition, this course will address the sequence of developmental milestones and how each influences the other. Finally, the course will discuss the characteristics of caregivers, the value of observation and the importance of communication between caregivers and parents.

Objectives

Participants will:

- Define ages and stages of development as applied to infants and toddlers.
- Identify and understand physical, speech/language, perceptual/cognitive, and social/emotional development of infants and toddlers.
- Recognize how the physical, speech/language, perceptual/cognitive, and social/emotional skills are interrelated and how that affects the development of infants and toddlers.
- Identify desirable characteristics of infant and toddler caregivers.
- Gain insight about why and how we use observation as a way to facilitate a child's growth and development.
- Recognize the importance of parent/caregiver communication and learn effective ways to share developmental information with parents.

Dates and Locations

iliu Lucations	
Fairfax	Hilton Garden Inn 3950 Fair Ridge Drive
Roanoke	VISSTA Area Training Center 210 First Street SW, Suite 405
Manassas	Hampton Inn 7295 Williamson Boulevard
Virginia Beach	Hilton Garden Inn 252 Town Center Drive
Sandston	Doubletree Richmond Airport 5501 Eubank Road
Wytheville	Ramada Inn 955 Peppers Ferry Road
	Fairfax Roanoke Manassas Virginia Beach Sandston

CCD0502 AN INTRODUCTION TO THE PROJECT APPROACH

Length: 4 Hours – 9:00 a.m. – 1:00 p.m.

Fee: \$10.00

Target Audience: Program administrators, staff development

coordinators and curriculum specialists

Overview

Participants will be introduced to the "Project Approach" as an alternative method of instructing young children. A working definition of project work and the theoretical background of project work will be examined. The major components of "Project Work" (including investigation, documentation, field work, and representation) will be discussed and practiced in this hands-on training. A variety of resources, materials, and support systems will be provided to train teachers on the implementation of "Project Work".

Objectives

Participants will:

- Be able to distinguish between projects, themes, and units.
- Discuss the value of project work in the growth and development of young children.
- Gain the ability to identify/recognize the components of a good project topic.
- Be familiar with the various phases of project work and the classroom environment necessary for successful project work.
- Learn the various roles that supervisors/administrators, teacher trainers, classroom teachers, and families play in successful "Project work".
- Become familiar with at least one strategy for introducing teachers to, and training them in, the use and implementation of the "Project Approach".

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10/01	Fairfax	Hilton Garden Inn 3950 Fair Ridge Drive
10/15	Abingdon	VISSTA Area Training Center 450 Commerce Drive
10/22	Manassas	Hampton Inn 7295 Williamson Boulevard
10/29	Roanoke	VISSTA Area Training Center 210 First Street SW, Suite 405
11/05	Henrico	VISSTA Area Training Center 1604 Santa Rosa Road
11/19	Virginia Beach	Hilton Garden Inn 252 Town Center Drive

CCD0405

AT WIT'S END: ADDRESSING BEHAVIOR CHALLENGES OF CHILDREN WITH DISABILITIES

(Children with Disabilities Series – Part 4)

Length: 6 hours - 9:00 a.m. - 4:00 p.m.

Fee: \$20.00

Target Audience: Providers who work with children ages 5 - 12

Overview

This class is designed to provide participants skills and knowledge to work effectively with children who display challenging behavior. The first part of the class includes an overview of some of the more common disabilities. The issues of prevalence and behavioral characteristics are addressed. The second part of the class zeroes in on strategies to address challenging behavior. The class has a series of activities that allow participants the opportunity to practice and discuss what they are learning.

While the focus of this class is to address the challenging behaviors of children with disabilities, the strategies learned will be useful for working with any children with challenging behaviors.

Objectives

Participants will:

- Acknowledge the emotions challenging behavior evoke in caregivers.
- Become familiar with acronyms common to the field of disabilities.
- \bullet Be able to identify categories of disabilities, and behavioral characteristics common to each, for children in the 5 12 age range.
- Understand physical and environmental reasons for behavior.
- Identify strategies for managing challenging behaviors in child care settings.
- Learn the role of family members, early interventionists, special educators, and other community resource persons in partnering with child care personnel.

Dates and Locations

Dates a	Dates and Locations				
09/24	Fairfax	Hilton Garden Inn 3950 Fair Ridge Drive			
10/08	Wytheville	Ramada Inn 955 Peppers Ferry Road			
10/22	Roanoke	Clarion Hotel 3315 Ordway Drive			
11/05	Norfolk	Residence Inn 1590 North Military Highway			
11/19	Chesterfield	Sheraton Park South 9901 Midlothian Turnpike			
12/03	Dumfries	Quality Inn 17133 Dumfries Road			

NEW

CCD0821 BEYOND THE COMMON COLD: REDUCING THE RISK OF BLOODBORNE INFECTIONS IN CHILD CARE SETTINGS (VIDEOCONFERENCE)

Length: 3 hours - 9:00 a.m. - 12:00 noon

Fee: \$5.00

Target Audience: Directors, providers responsible for administering

first aid, or anyone wanting to learn more about preventing infections transmitted by blood

Overview

Providing first aid to children with scrapes, cuts and other injuries where bleeding occurs exposes child care providers to infection transmitted in blood and other body fluids. This training will discuss the safeguards to protect against the health risks from exposure to blood, practices to reduce this exposure, and important procedures to follow if accidental exposure occurs. Relevant information from the National Health and Safety Standards for child care and the federal Occupational Safety and Health Administration (OSHA) regulation will be presented to assist participants in developing the exposure control plan required of child care programs by OSHA.

Objectives

Participants will be able to:

- List ways child care providers might be exposed to bloodborne infections.
- Identify work practices to protect against exposure to bloodborne pathogens.
- Develop an exposure control plan.
- Identify steps to take if accidental exposure to bloodborne pathogens occurs.
- Describe federal OSHA requirements of child care programs to protect staff at risk of exposure to blood and other body fluids.
- List resources to keep informed of health issues and federal requirements related to bloodborne infections.

Date 6	illa Locations	
10/29	Abingdon	Southwest Virginia Higher Education Center One Partnership Circle-Room 233
	Alexandria	Washington Alexandria Architecture Center 1001 Prince Street-Room V-TEL
	Falls Church	Virginia Tech, Northern Virginia Center 7054 Haycock Road-Room 113
	Henrico	Virginia Tech Richmond Center 2810 Parham Road-Suite 300
	Roanoke	Roanoke Higher Education Center 108 North Jefferson Street-Room 709
	Virginia Beach	Virginia Tech Hampton Roads Center 1444 Diamond Springs Road

CCD1001 CHOICES AND CHALLENGES IN CREATING A HEALTHY ENVIRONMENT FOR CHILDREN (MINI-CONFERENCE)

Length: 6 hours 9:00 a.m. – 4:00 p.m. Fee: \$25.00 (Lunch included)

Target Audience: Directors of Child Care Centers serving

children ages 3-12

Overview

This mini-conference, being developed by the Childhood Obesity Task Force (COTF) in Charlottesville, will give directors the opportunity to explore the choices and challenges involved with incorporating healthy nutrition and physical activity into their programs. Participants will rotate through various classes including:

- \$\$ and Sense Strategies that Integrate Nutrition Standards
- Physical Activity: A Lost Focus
- Communicating with Families and Community Agencies to Make a Difference

The conference will also give participants the opportunity to connect with others in the field and share ideas.

Objectives

Participants will:

- · Leave with menu ideas for meals and snacks.
- Learn about food purchasing and budget options.
- · Learn how to create an active environment.
- Learn strategies for better communication with parents.
- · Leave with ideas for integrating services with their communities.

Date and Location

10/19 Charlottesville Holiday Inn Monticello (Wed) 1200 5th Street SW

CCD1404 DEVELOPING CREATIVE THINKERS (Exploring Brain Development Series)

Length: 3 Hours - 9:00 a.m. - 12:00 Noon

Fee: \$10.00

Target Audience: Providers working with children of all ages

Overview

What is creativity? Are you born with it? How does it get stifled? Why is it valuable? This class is designed to help providers discover how to nurture creativity and understand the attitudes that enhance or inhibit creative behavior in young children.

Participants will learn how to organize, implement and integrate challenging, age-appropriate, creative and manipulative activities into their programs for young children. In addition they will participate in a hands-on experience to assess their own creativity and see how this impacts lesson planning.

Objectives

Participants will:

- Describe adult attitudes and strategies that encourage creative behavior in young children.
- Learn how to select activities that stimulate the child's creative thinking, actions, and problem-solving skills.
- Understand the difference between process and product oriented activities.
- · Assess their own level of creative thinking.

09/24	Norfolk	Residence Inn 1590 North Military Highway
10/22	Henrico	VISSTA Area Training Center 1604 Santa Rosa Road
11/12	Fairfax	Hilton Garden Inn 3950 Fair Ridge Drive

CCD0311 EXPLORING MUSIC AND RHYTHM WITH SCHOOL-AGE CHILDREN

Length: 3 hours - 9:00 a.m. - 12:00 noon.

Fee: \$10.00

Target Audience: Providers who work with school-age children

Overview

This course is designed to give providers the confidence to help children create and appreciate music. It is especially helpful for providers who have no musical training or are afraid they "can't carry a tune". Discover a new, hands-on and interactive way to create meaningful music with children. Children naturally relate to this simple approach that places fun and creative experiences above technique and precision, and you will enjoy it as much as they do!

Topics covered include clapping, singing, drumming, and percussion instruments, as well as some dance, movement, and a discussion about making inexpensive musical instruments out of household items.

What does a child have to gain from these musical experiences? Music is a great way for children (and adults!) to relax and have fun as well as a wonderful outlet for creative expression. But did you know that music can also strengthen children's minds and help develop their sense of patterning and memory skills? Studies have confirmed that music directly enhances learning through increased spatial development. Math and reading are improved by learning rhythms and decoding notes and symbols. Music "nourishes children's brains" as it stimulates brain connections.

Objectives

Participants will:

- Learn fundamental principles of music in a hands-on, creative, and entertaining way.
- Learn specific musical games and movement activities appropriate for school-age children, as well as ideas that can be adapted to suit most any age.
- Gain more confidence in their ability to lead groups in these activities.
- Create "in the moment" music together.

Dates and Locations

Dates a	Dates and Locations				
09/24	Virginia Beach	Hilton Garden Inn 252 Town Center Drive			
10/01	Fairfax	Hilton Garden Inn 3950 Fair Ridge Drive			
11/05	Abingdon	VISSTA Area Training Center 450 Commerce Drive			
11/19	Roanoke	VISSTA Area Training Center 210 First Street SW, Suite 405			
12/03	Chesterfield	Sheraton Park South 9901 Midlothian Turnpike			

CCD0806

FIT KIDZ: PHYSICAL FITNESS ACTIVITIES FOR MAINTAINING A HEALTHY LIFESTYLE

Length: 4 hours – 9:00 a.m. – 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with children ages 3-12

Overview

Children need exercise! Many children today lead sedentary lifestyles which can increase their risk for health problems. New guidelines from the National Association for Sport and Physical Education (NASPE) recommend that children be physically active for at least 60 minutes a day.

This class is designed to give child care professionals ideas for planning physical activities that can be incorporated into their programs. Age-appropriate activities for children ages 3 - 12 will be included. Participants can use ideas from this class to promote healthy lifestyles and maintain order and structure during both indoor and outdoor activities.

Objectives

Participants will:

- Learn the importance and benefits of physical fitness in children's physical and social development.
- Learn age-appropriate aerobic dance steps and muscular strength and endurance exercises.
- Learn how to encourage children to make healthy choices and live healthy lifestyles.
- Learn the different types of exercises to incorporate with children's daily activities.
- Learn the myths and facts about children in fitness.
- Learn how to evaluate children's activity level in their social/home environment to use in planning physical activities.
- Learn the basics of planning, organizing and implementing a physical fitness program.

10/08	Virginia Beach	Hilton Garden Inn 252 Town Center Drive
10/22	Sandston	Wyndham Richmond Airport 4700 South Laburnum Avenue
11/05	Charlottesville	Holiday Inn Monticello 1200 5th Street SW
11/12	Abingdon	VISSTA Area Training Center 450 Commerce Drive

CCD0817 FOOD AND FITNESS IN VIRGINIA

Length: 4 Hours- 9:00 a.m. - 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool and school-

age children

Overview

This class is designed to give providers an understanding of the importance of basic nutrition and physical activity in the development of children. Programs that support good nutrition and physical activity as part of the learning environment help produce healthy children, and healthy children are better able to develop and learn.

Childhood obesity has become a major public health issue and the problem is growing — with children eating more, but exercising less. There are many health risks associated with being overweight, including high blood pressure, high cholesterol, and heart disease even in children! Child care professionals play a crucial role in promoting healthy lifestyles and helping to reverse this trend.

This class will give providers information on basic nutrition and ideas for incorporating more physical activity into child care programs. Providers will also learn about Virginia grown foods and how they can be incorporated into menus, recipes and hands-on activities.

Objectives

Participants will:

- Learn the importance of proper nutrition and how to encourage children to make healthy choices.
- Learn how to incorporate more physical activity into child care programs.
- Gain an understanding of what is contributing to the childhood obesity problem.
- Learn the facts about the health risks associated with childhood obesity.
- Learn about products grown in Virginia.
- Learn how to create an environment that supports enjoyable, healthful eating and fun-filled physical activity.

Dates and Locations

09/10 Wytheville Ramada Inn

955 Peppers Ferry Road

10/01 Roanoke VISSTA Area Training Center

210 First Street SW, Suite 405

CCD0820 FROM PICKY EATERS TO OVEREATERS: CHALLENGES IN FEEDING YOUNG CHILDREN

Length: 4 Hours – 9:00 a.m. – 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool age children

Overview

Growing healthy children is a difficult but important task. Helping children develop healthy eating habits at a young age provides a good foundation for later in life. Providers will understand the challenges of feeding young children and how to maximize opportunities to teach and encourage nutritious eating. Attend this session to learn how to create pleasant mealtimes, deal with picky eaters, promote healthy weight among young children, work with parents on feeding issues, and much more.

Objectives

Participants will:

- Plan healthful meals and snacks that incorporate components of the new food guide pyramid.
- Create a pleasant mealtime environment that encourages children to behave appropriately while eating meals and snacks.
- Identify normal eating behaviors of preschool children and help them develop healthy eating habits.
- Understand the health consequences of childhood obesity and incorporate activities and practices into the child care setting to promote healthful behaviors.
- Develop strategies for communicating health and nutrition goals with parents and families.
- Identify resources for accessing additional information and program assistance.

Dutes	una Ecounons	
10/01	Harrisonburg	The Atrium 411 Stone Spring Road
10/08	Chesterfield	Holiday Inn Select Koger South 1021 Koger Center Boulevard
10/15	Chesapeake	Holiday Inn 725 Woodlake Drive
11/05	Fairfax	Hilton Garden Inn 3950 Fair Ridge Drive
11/12	Roanoke	VISSTA Area Training Center 210 First Street SW, Suite 405
11/12	Henrico	VISSTA Area Training Center 1604 Santa Rosa Road
11/19	Abingdon	VISSTA Area Training Center 450 Commerce Drive
11/19	Newport News	Point Plaza Suites and Conference Center 950 J. Clyde Morris Boulevard

CCD1516 GUIDING BEHAVIOR USING SIGN LANGUAGE

Length: 4 Hours – 9:00 a.m. – 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with children of all ages

Overview

This class is designed to instruct early childhood professionals in using basic sign language as an additional guidance technique for all children within their classroom. Sign language is taught for use as a management tool, not for the purpose of working with children who are deaf or hard of hearing. In addition, using sign language with young children helps reduce their frustration in communication when they can't yet verbalize their thoughts.

Objectives

Participants will be able to:

- State the differences between guidance and other disciplinary techniques.
- State the benefits of using sign language in the classroom.
- Demonstrate the ASL manual alphabet using class handouts.
- Demonstrate the basic signs needed to incorporate sign language as a classroom guidance strategy.

Dates and Locations

Dates	and Locations	
10/01	Virginia Beach	Hilton Garden Inn 252 Town Center Drive
10/15	Harrisonburg	The Atrium 411 Stone Spring Road
10/22	Hampton	Clarion Hotel 1809 West Mercury Boulevard
10/22	Fredericksburg	Wingate Inn 20 Sanford Drive
10/29	Abingdon	VISSTA Area Training Center 450 Commerce Drive
10/29	Sandston	Wyndham Richmond Airport 4700 South Laburnum Avenue

CCD1903

NUMERACY FOR PRESCHOOLERS: 1-2-3 PLAY WITH ME (VIDEOCONFERENCE)

Length: 3 Hours – 9:00 a.m. – 12:00 Noon

Fee: \$5.00

Target Audience: Providers who work with preschool age children

Overview

Numeracy is to math what literacy is to reading. Learn how to develop math skills and promote a positive attitude toward math for children in your program. This class will help you understand the skills children need to be ready for math in school. Interactive group activities at each broadcast site will give you hands-on experience in using children's play to promote numeracy. You will receive ready to use teaching plans for play activities to develop math skills in preschool children.

Objectives

Participants will:

- Recognize the importance of numeracy for school readiness.
- Describe the ages and stages of numeracy development for children 2 – 5 years of age.
- Learn new activities to promote numeracy skills.
- Identify ways to include numeracy activities in regular program activities such as block play, story time, water play, and music.
- Become familiar with additional resources for promoting numeracy in preschool age children.

Date a	ilu Locations	
10/01	Abingdon	Southwest Virginia Higher Education Center One Partnership Circle-Room 233
	Alexandria	Washington Alexandria Architecture Center 1001 Prince Street-Room V-TEL
	Falls Church	Virginia Tech, Northern Virginia Center 7054 Haycock Road-Room 113
	Henrico	Virginia Tech Richmond Center 2810 Parham Road-Suite 300
	Roanoke	Roanoke Higher Education Center 108 North Jefferson Street-Room 709
	Virginia Beach	Virginia Tech Hampton Roads Center 1444 Diamond Springs Road

CCD1504 NURTURING PRODUCTIVE PARTNERSHIPS WITH PARENTS

Length: 4 Hours – 9:00 a.m. – 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with children of all ages

Overview

This class is designed to enhance the early childhood professional's ability and skills to establish positive, effective partnerships with parents to support children's growth and development.

Objectives

Participants will:

- Gain an understanding of the roles of the teacher and the parent in the early childhood education and care giving relationship.
- Identify and use principles of effective communication with parents.
- Discuss and experience effective communication tools such as parent-teacher conferences, portfolio/anecdotal notes, newsletters and bulletin boards.
- Learn techniques and strategies for dealing with difficult parentteacher situations.
- Identify strategies designed to increase parent involvement in early childhood education.
- Experience a combination of hands-on activities, community learning group discussions, a video, and lecture that will focus on identifying elements of productive partnerships between teachers and parents.

Date and Location

10/08 Abingdon VISSTA Area Training Center

450 Commerce Drive

CCD1511 PHOTOGRAPHY AND VISUAL LEARNING: "A CHILD'S EYE VIEW"

Length: 3 Hours – 9:00 a.m. – 12:00 Noon Fee: \$25.00 (Camera and film included)

Target Audience: Providers who work with children of all ages

Overview

This class is designed to help providers add the excitement of photography and visual learning techniques to any child care setting. Visual learning classes are hands-on programs that focus on the development of visual communication skills, behavior management, organization and academic understanding.

Techniques to help providers use photography to develop essential skills will be introduced. Participants will learn and practice activities that address the concerns of participants such as: teaching basic skills, documenting achievement, and improving classroom management. Participants will also explore the connection between imagery and the skills needed for lifelong learning, interacting with others and developing appropriate self-esteem.

Objectives

Participants will:

- Learn the basic operation of a camera.
- Learn the skills of planning and taking effective photographs.
- Learn how to create photo games, toys, graphs, stationary, scrapbooks, and personal portfolios.
- Learn how to use photographs in the classroom to enhance learning and encourage development.

Registered participants will receive:

- A Polaroid Instant Camera to keep at the end of the class. Cameras become the property of the teachers attending the class regardless of who paid the registration fee.
- One pack of film to be used during the workshop.

NOTE: PARTICIPANTS MUST BE PRESENT AND COMPLETE THE CLASS to receive a camera and film. Materials will not be mailed to those who register and do not attend.

Dates and Locations

09/24 Fairfax Hilton Garden Inn 3950 Fair Ridge Drive

> Chesterfield Holiday Inn Select Koger South 1021 Koger Center Boulevard

10/22 Abingdon VISSTA Area Training Center

450 Commerce Drive

12/03 Virginia Beach Hilton Garden Inn

252 Town Center Drive

10/01

CCD0810 REVISED PLAYGROUND SAFETY

Length: 3 Hours – 9:00 a.m. – 12:00 Noon

Fee: \$10.00

Target Audience: Providers who work with children of all ages

Overview

This class will raise awareness about the many issues related to making and keeping playgrounds safe for children including supervising, choosing age appropriate equipment, ensuring safe surfacing, proper layout of equipment, upkeep of the playground and identifying and resolving playground hazards. It will also include information that is required by the Standards for Licensed Child Day Centers and the Minimum Standards for Licensed Family Day Homes on playground safety.

Objectives

Participants will:

- Describe the leading causes of playground injuries and deaths.
- List and describe the components of a SAFE playground.
- Explain the components of active supervision.
- Describe how age appropriate playground equipment can help reduce injuries.
- Explain safe surfacing and describe the importance of a proper use zone.
- Evaluate the playground for potential hazards.
- Name at least two reasons why proper maintenance of the playground is so important.
- Identify steps to take in purchasing new playground equipment and surfacing.
- Identify important components of a written playground safety procedure.
- Apply principles of playground safety to realistic situations/environments

Dates and Locations

	a =00a	
10/01	Abingdon	VISSTA Area Training Center 450 Commerce Drive
10/15	Chesterfield	Sheraton Park South 9901 Midlothian Turnpike
10/22	Dumfries	Quality Inn 17133 Dumfries Road
11/05	Harrisonburg	The Atrium 411 Stone Spring Road
11/19	Fairfax	Hilton Garden Inn 3950 Fair Ridge Drive
12/03	Chesapeake	Holiday Inn 725 Woodlake Drive

NEW

CCD1517 REFRAMING DISCIPLINE PART 2: CONNECTING WITH EVERY CHILD

Length: 4 Hours – 9:00 a.m. – 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool and school-

age children

Overview

This class is the second in a series called Reframing Discipline. These classes look at children with challenging behaviors and how adults can connect with the children and help them to engage, learn and get along with others. This class will focus on how the key to successful guidance is the relationship between the adult and the child. Changing the relationship with a child who misbehaves can often be the most effective intervention tool a teacher can use.

Objectives

Participants will:

- Be able to practice techniques of acknowledgement for what children do and create.
- Be able to practice techniques of acknowledgement for how children feel.
- Identify ways they can build positive relationships with children.
- Learn how changing the adult/child relationship can affect behavior.

09/24	Sandston	Wyndham Richmond Airport 4700 South Laburnum Avenue
10/01	Roanoke	Clarion Hotel 3315 Ordway Drive
10/08	Hampton	Clarion Hotel 1809 West Mercury Boulevard
10/15	Fairfax	Hilton Garden Inn 3950 Fair Ridge Drive
10/29	Wytheville	Ramada Inn 955 Peppers Ferry Road
10/29	Virginia Beach	Hilton Garden Inn 252 Town Center Drive
11/05	Manassas	Hampton Inn 7295 Williamson Boulevard
11/12	Chesterfield	Holiday Inn Select Koger South 1021 Koger Center Boulevard
12/03	Fairfax	Hilton Garden Inn 3950 Fair Ridge Drive

CCD0812 SAFELY ON THE MOVE: SECURING CHILDREN FOR TRANSPORT

Length: 4 Hours – 9:00 a.m. – 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with all children of all ages

Overview

All children deserve to be properly restrained while traveling in motor vehicles. Child care providers will gain an awareness of how to safely secure children for transport whether during child care or at home.

This training is an introduction into the vast world of child safety restraints. Child care providers will be guided through appropriate child safety restraint selection for various ages of children, proper methods of securing a child in the restraint system and proper methods of securing a child safety restraint into a vehicle. While school buses will be mentioned, installation techniques for school buses will not be addressed. Providers will gain an understanding of the important components to include in the development of a policy on the safe transportation of children and will be able to find community resources for technical assistance.

Objectives

Participants will gain an awareness of how to:

- Select the proper child safety restraint.
- Place a child in a child safety restraint properly.
- Properly install a child safety restraint.
- Identify air bag symbols and air bag locations.
- Apply Virginia's child passenger restraint laws.
- Develop a policy on the safe transportation of children.
- Find resources in the community for technical assistance on the proper selection of, placement of children in, and the installation of child safety restraints.

Dates and Locations

Dates	and Locations	
10/15	Dumfries	Quality Inn 7133 Dumfries Road
10/15	Roanoke	VISSTA Area Training Center 210 First Street SW, Suite 405
10/22	Chesapeake	Holiday Inn 725 Woodlake Drive
10/29	Fairfax	Hilton Garden Inn 3950 Fair Ridge Drive
10/29	Newport News	Point Plaza Suites and Conference Center 950 J. Clyde Morris Boulevard
11/12	Wytheville	Holiday Inn 1800 East Main Street
12/03	Henrico	VISSTA Area Training Center 1604 Santa Rosa Road

Comments from previous class participants:

- "This was very informative and answered many questions."
- "I will hand out information to all child care parents very informative!!"
- "This training is very educational. I've learned a lot that is applicable to my center."
- "I realized the danger I was placing my own child in."
- "We have lots of new information that I, as well as the children I care for, need to know. I can't wait to share with them."





PRESCHOOL CHILDREN SERIES

New Opportunity - Fast Track to Success!

For a number of years, the Virginia Department of Social Services (VDSS) has offered a series of four courses on the care and development of each age group of children served by child care providers including:

- Infants and Toddlers
- Preschoolers
- School-Age

These series courses provide core knowledge about a specific age group. Providers are encouraged to complete all courses in each series of interest to obtain a full complement of information on the subject.

The four basic courses in each series include (in preferred sequence):

- 1. Ages and Stages of Development
- 2. Planning Learning Environments
- 3. Planning Activities
- 4. Guiding Behavior

In the past, we have scheduled courses so that it would take two years to complete a series. As VDSS establishes a more structured professional development system for child care providers, we recognize the need to offer these basic child development courses more often statewide.

We are pleased to announce that for Fall 2005, all four courses in the Preschool Children Series will be offered more frequently in three areas of the state as a pilot: northern, eastern and central. This fast track program is being offered in coordination with the Community College Workforce Alliance and will soon be expanded to the western and piedmont areas. Providers will have an opportunity to complete all courses in the Preschool Children Series within two months. In the future, all of our series will be enhanced and made into certification programs.

Turn page to see class dates and locations.



Preschool Children Series CCD0200

PART 1 - AGES AND STAGES OF DEVELOPMENT OF PRESCHOOLERS AGES THREE TO FIVE

Length: 4 Hours - 9:00 a.m. - 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool age children

Overview

This class is the first in a series of classes related to the care and development of children ages three to five years and focuses on the growth and development of preschoolers. The ages and stages of child development are organized into the physical, language, cognitive, and social/emotional domains.

Objectives

Participants will:

- Identify and understand desirable characteristics of caregivers of three to five year old children.
- Gain insight about why and how we study children, including the importance of observation.
- Define ages and stages and be introduced to the domains of physical, language, cognitive, and social/emotional development.
- Examine how the domains are interrelated and how that affects development.
- Learn effective strategies for sharing developmental information with parents.

Dates and Locations

09/24	Springfield	NOVA Community College Medical Education Campus 6699 Springfield Center Drive
10/01	Hampton	Thomas Nelson Community College Templin Hall, Room 825 99 Thomas Nelson Drive
10/01	Chester	John Tyler Community College Chester Campus Bird Hall, Room B116 13101 Jefferson Davis Highway
10/08	Hampton	Thomas Nelson Community College Templin Hall, Room 825 99 Thomas Nelson Drive
10/15	Henrico	J. Sargeant Reynolds Community College – North Run Campus Auditorium 1630 East Parham Road
10/22	Springfield	NOVA Community College Medical Education Campus 6699 Springfield Center Drive

Preschool Children Series CCD0201

PART 2 - CREATING AN AGE APPROPRIATE LEARNING ENVIRONMENT FOR PRESCHOOLERS

Length: 4 hours – 9:00 a.m. – 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool age children

Overview

This class is the second in a series of topics related to the care and development of children ages three to five years. This training establishes a basis for understanding how the environment impacts children's growth and development. Participants will be provided with information related to planning and establishing an environment that encourages independence, exploration, and skill development for preschool children. Selecting materials and the importance of the daily schedule are integral parts of establishing a constructive environment for preschool children.

Objectives

Participants will:

- Review the physical, language, cognitive, and social/emotional developmental domains of preschool children.
- Gain insight into how aspects of the environment affect children's development.
- Learn how to assess their child care environment and evaluate their daily schedule.
- Learn how to plan an environment that supports the positive behavior of preschoolers.
- Describe how the developmental domains should be considered when selecting, storing, and arranging materials.

and Locations	
Springfield	NOVA Community College
	Medical Education Campus
	6699 Springfield Center Drive
Chester	John Tyler Community College
	Chester Campus
	Bird Hall, Room B116
	13101 Jefferson Davis Highway
Hampton	Thomas Nelson Community College
•	Templin Hall, Room 825
	99 Thomas Nelson Drive
Hampton	Thomas Nelson Community College
•	Templin Hall, Room 825
	99 Thomas Nelson Drive
Springfield	NOVA Community College
	Medical Education Campus
	6699 Springfield Center Drive
Henrico	J. Sargeant Reynolds Community
	College – North Run Campus
	Auditorium
	1630 East Parham Road
	Chester Hampton Hampton Springfield

Preschool Children Series CCD0202

PART 3 - PLANNING AGE AND STAGE APPROPRIATE ACTIVITIES FOR PRESCHOOLERS

Length: 4 Hours – 9:00 a.m. – 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool age children

Overview

This class is the third in a series of topics related to the care and development of children ages three to five years. In this class, the participants will use their knowledge of the characteristics of preschool children to understand the process of developing thematic units to guide learning. Long-term and short-term goals will be discussed, and participants will learn the web technique for creating and presenting appropriate activities in a thematic unit. Participants will also learn how to share this information with parents and how to encourage their involvement in the thematic activities.

Objectives

Participants will:

- Review the characteristics of preschool children, ages three to five, and describe how these characteristics should be considered when planning activities.
- Develop appropriate long-term and short-term goals for preschoolers that address development in all domains (physical, language, cognitive, and social/emotional).
- Learn the importance of using thematic units in guiding the learning of preschoolers.
- Plan and organize an effective means of presenting thematic activities.
- · Learn techniques for sharing goals with parents.

Dates and Locations

Dates	and Locations	
10/08	Springfield	NOVA Community College Medical Education Campus 6699 Springfield Center Drive
10/29	Hampton	Thomas Nelson Community College Templin Hall, Room 825 99 Thomas Nelson Drive
11/05	Springfield	NOVA Community College Medical Education Campus 6699 Springfield Center Drive
11/05	Hampton	Thomas Nelson Community College Templin Hall, Room 825 99 Thomas Nelson Drive
11/05	Chester	John Tyler Community College, Chester Campus, Bird Hall, Room B116 13101 Jefferson Davis Highway
11/12	Henrico	J. Sargeant Reynolds Community College – North Run Campus Auditorium 1630 East Parham Road

Preschool Children Series

CCD0203

PART 4 - GUIDING THE BEHAVIORS OF PRESCHOOL CHILDREN AGES THREE TO FIVE

Length: 4 Hours – 9:00 a.m. – 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool age children

Overview

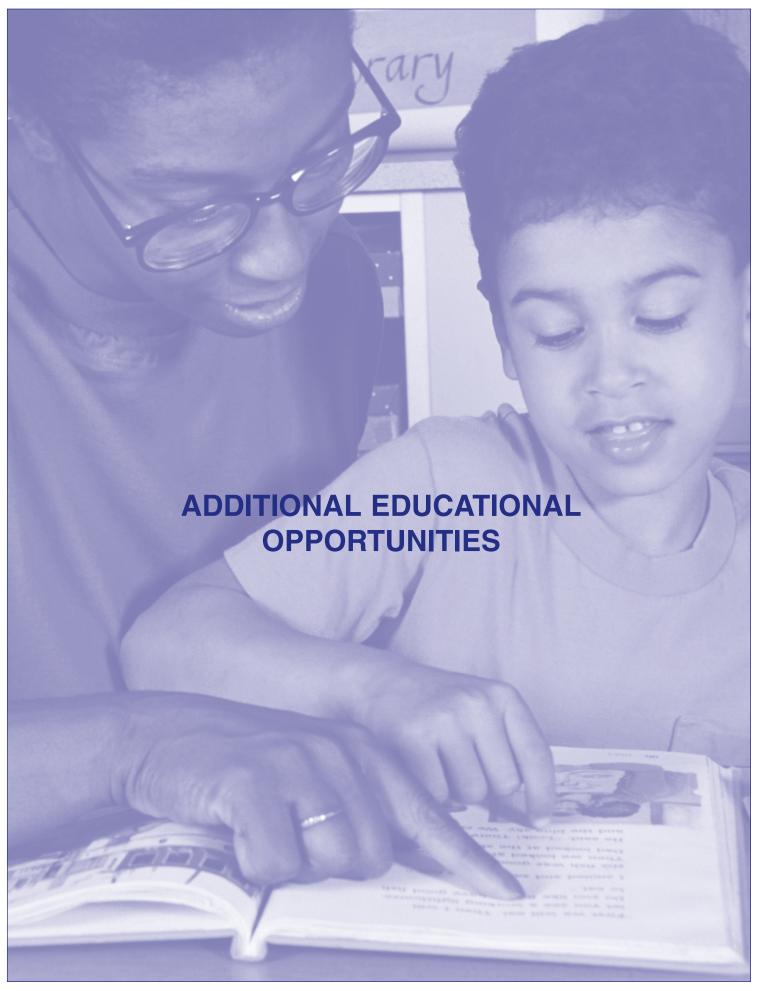
This class is the fourth in a series of topics related to the care and development of children ages three to five years. Participants will explore the ages and stages of development for the 3 to 5 year old child and examine the role a provider plays in guiding the behavior of the preschool age child. Positive behavior support, misbehavior, and strategies to change inappropriate behavior will be discussed.

Objectives

Participants will:

- Learn the definition of positive behavior support and how this differs from punishment.
- Learn what factors impact the behavior of three to five year old preschoolers.
- Understand why misbehavior occurs and learn ways to prevent it.
- Identify strategies to change inappropriate behavior and encourage behavior that is appropriate for preschoolers.
- Learn techniques for sharing concerns about behavior with parents, and sharing behavioral strategies for use at home.

10/15	Springfield	NOVA Community College Medical Education Campus 6699 Springfield Center Drive
11/12	Springfield	NOVA Community College Medical Education Campus 6699 Springfield Center Drive
11/12	Hampton	Thomas Nelson Community College Templin Hall, Room 825 99 Thomas Nelson Drive
11/19	Hampton	Thomas Nelson Community College Templin Hall, Room 825 99 Thomas Nelson Drive
11/19	Chester	John Tyler Community College Chester Campus Bird Hall, Room B116 13101 Jefferson Davis Highway
12/03	Henrico	J. Sargeant Reynolds Community College – North Run Campus Auditorium 1630 East Parham Road



DISTANCE LEARNING

VIDEO SERIES

The Virginia Department of Social Services (VDSS) currently offers two video based training programs. VDSS has developed study guides and testing materials that accompany the video based training programs detailed below. These programs are self-paced and child care providers may earn four, six, or eight credit hours upon successful completion of the testing materials.

To participate, child care providers borrow the videotapes, and receive copies of the study guides and test materials from one of the eight regional licensing offices listed below. There is no cost for the study guides or testing materials. A ten dollar (\$10.00) processing fee per person is charged when submitting the completed tests and assignments for grading.

To apply to receive credit for participation in either video series, each individual must complete the testing materials for each program. Individuals must receive a passing grade to be awarded credit hours. Detailed instructions for participation are included with each study guide. Please allow 3-4 months for the Department to process test materials.

To reserve the videotapes for participation in the video series training program, please call your regional licensing office listed below.

 Central Region:
 804-662-9743

 Fairfax Area:
 703-934-1505

 Eastern Region:
 757-491-3950

 Verona Area:
 540-332-2330

 Peninsula Area:
 757-594-7594

 Piedmont Region:
 540-857-7868

 Northern Region:
 540-347-6345

 Abingdon Area:
 276-676-5655

- 1 DSS 101 The Whole Child A Caregiver's Guide to the First Five Years (TWC) is a video series production developed by WTVS Detroit and the Merrill-Palmer Institute at Wayne State University, 1998. It is based on the textbook of the same name written by Joanne Hendrick, Professor of Early Childhood Education Emerita at the University of Oklahoma.
- 2 The Program for Infant/Toddler Caregivers (PITC) was developed by WestEd and the California Department of Education. A team of experts in child development, child care, adult education, and print and video production was assembled to work with national and state advisors to create this video production. The goal of the program is to develop meaningful training materials based on sound principles and proven practices. The materials were developed for both center-based and family child care providers and focus on caring for infants and toddlers.

READ-A-BOOK PROGRAM (COMING SOON!)

The newest initiative, the Read-A-Book Program, is currently being developed. Providers will be able to obtain training credit by reading a specific set of books available from local public libraries, then completing and submitting written assessments to VDSS.

The focus will be on implications of current findings on children's development, and guidance toward best practices for educators and providers.

The Read-A-Book Program offers participants two ways to receive training credit hours:

- a. Read one of the selected child development/curricula books and respond to 20 questions (including essays) with a grade of at least 75%.
- b. Choose from the selected listing of 20 children's books and demonstrate practical application through the development and implementation of lesson plans.

Look for the detailed flier coming soon for complete information, materials, and instructions for participation in this new distance learning program.

CHILD ABUSE AND NEGLECT ONLINE COURSE

An online course called, Child Abuse and Neglect: Recognizing, Reporting, and Responding for Educators is now available for child care providers. Originally it was developed by VDSS with VISSTA and the Department of Education for teacher licensure. Successful completion of this course provides 2 hours of training credit. The course may be accessed at

www.vcu.edu/vissta/training/va teachers.

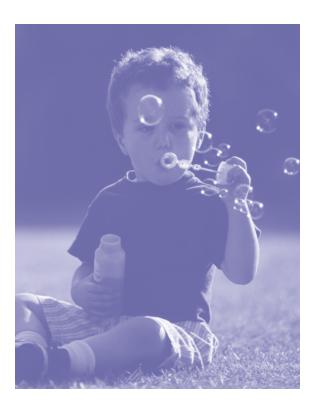
OTHER TRAINING RESOURCES

VIRGINIA CHILD CARE PROVIDER SCHOLARSHIP PROGRAM

VDSS administers the Virginia Child Care Provider Scholarship Program that pays for college tuition and some fees. The Program is for persons who are currently employed in child care or plan to become so employed. The Program pays for up to eight courses at Virginia's institutions of higher learning, and is funded through the Federal Child Care and Development Fund. To obtain more information call 1.866.636.1608 or visit the web site at: http://www.dss.state.va.us/facility/scholarship.html.

T.E.A.C.H.-VA®

T.E.A.C.H. -VA is an additional resource that provides financial and other incentives for child care providers to attend college. This program helps child care providers earn an associate degree in early childhood education, and is administered by Voices for Virginia's Children which is both publicly and privately funded. To learn more about the program, call 804.649.4900 or 1.866.KIDS-N-VA or visit the web site at: http://www.vakids.org/.



TRAINING INFORMATION FOR PROVIDER SUCCESS (TIPS) CALENDAR

The VDSS Division of Child Care and Development Training Information for Provider Success (TIPS) Calendar permits for-profit, non-profit and governmental organizations to list child care provider training. The calendar lists all training opportunities in date order and provides a search feature that permits access to specific training, locations, and dates. VDSS offers this site as an informational service and does not endorse any non-DSS training. The TIPS Calendar may be viewed at: http://www.dss.virginia.gov/redirect/?83.

SQUARE ONE, in partnership with the Virginia Institute for Social Services Training Activities at Virginia Commonwealth University (VISSTA-VCU) offers prevention and early intervention (PEI) courses for child care providers, home visitors, and parents.



Training sessions are held from 9-4 in various locations in the Commonwealth. Participants are eligible to receive .6 CEUs from VCU. A \$15.00 registration fee includes lunch and the cost of the CEUs. For more information, visit the Square One website at www.sqone.org. Sign up for a Square One newsletter by contacting mlagiglia@sqone.org or call (757) 552-0293.

Courses include:

Parent/Child Interaction

Dynamics/Indicators of Child Abuse & Neglect

Infant Care/Development/Health (0-12 mo.)

Infant Care/Development/Health (13-36 mo.)

Infant Care/Development/Health (37 mo.- 5 yr.)

Parental Health

Substance Abuse

Ethical Issues

Skills for Home Visitors

Growing a Brain

Language Development/Emerging Literacy

Working with Resistant Parents

Case Documentation/Court Appearance

Supervision Skills



CHILD DEVELOPMENT SERIES

INFANT AND TODDLER SERIES

- Part 1 Ages and Stages of Development for Infants and Toddlers
- Part 2 Creating an Appropriate Learning Environment for Infants and Toddlers
- Part 3 Activities of Infants and Toddlers
- Part 4 Guiding the Behaviors of Infants and Toddlers

PRESCHOOL CHILDREN SERIES

- Part 1 Ages and Stages of Development of Preschoolers Ages Three to Five
- Part 2 Creating an Age Appropriate Learning Environment for Preschoolers
- Part 3 Planning Age and Stage Appropriate Activities for Preschoolers
- Part 4 Guiding the Behaviors of Preschool Children Ages Three to Five

SCHOOL-AGE CHILD CARE SERIES

- Part 1 Ages and Stages of Development for School-Age Children
- Part 2 Using the Environment to Connect with School-Age Children
- Part 3 Planning Activities for School-Age Children
- Part 4 Guiding the Behaviors of School-Age Children

EXPLORING BRAIN DEVELOPMENT SERIES

- Part 1 Structure, Behavior, and Environment: Exploring Brain Development
- Part 2 Beyond Babble: Exploring Early Language Development
- Part 3 Protecting the Child's Brain: Prevention, Assessment, and Intervention
- Busy, Bold, or Bashful: Understanding Temperaments to Help Preschool Children Learn and Develop
- **Developing Creative Thinkers**

CHILDREN WITH DISABILITIES SERIES

- Part 1 Learning about Inclusion
- Part 2 Making Accommodations in Activities and the Environment for Children with Disabilities
- Part 3 Working with Families and Other Partners
- Part 4 At Wit's End: Addressing Behavior Challenges of Children with Disabilities
- Working with Children with Attention Deficit Hyperactivity Disorder (ADHD)
- Working with Children Who are Deaf or Hard of Hearing

GENERAL INTEREST

CLASSROOM MANAGEMENT AND CURRICULUM DEVELOPMENT

Building Blocks for Early Learning - Using Virginia's Foundation Blocks for Early Learning

Guiding Behavior Using Sign Language

Managing Challenging Behaviors in Preschoolers: Biting, Tantrums, and Other Behaviors - What to Do (Videoconference)

Observation and Recording: It's Not Always Obvious

Reframing Discipline Part 1: From Stopping Misbehavior to Teaching Skills

Reframing Discipline Part 2: Connecting with Every Child

Reframing Discipline Part 3: Understanding Difficult Behavior (Under Development)

Working with Mixed-Age Groupings of Children

COMMUNICATION

Conflict Resolution for the School-Age Child

Grace Under Fire: Dealing with Difficult People

Nurturing Productive Partnerships with Parents

VIRGINIA DEPARTMENT OF SOCIAL SERVICES

CREATIVE ARTS, DRAMA, AND MUSIC

Exploring Music and Rhythm with School-Age Children

Hats Off to Providers!

Photography and Visual Learning: "A Child's Eye View"

Rainy Day Activities – Be a Survivor: The School-Age Challenge

Turn Your Trashables into Teachable Treasures

Wee Dance Advanced

Wee Dance: Creative Movement for Preschoolers

DIRECTOR/ADMINISTRATOR

An Introduction to the Project Approach

Foundations of Respect: Employee Relations in Child Care Settings

The Director's Toolbox: The Director's Orientation

Guide for New Staff

FAMILY DAY HOME

Active Learning in Family Day Homes Professionalism in Your Family Day Home

HEALTH AND SAFETY

Asthma Education for Child Care Providers (Videoconference)

Beyond the Common Cold: Reducing the Risk of Bloodborne Infections in Child Care Settings

Child Abuse and Neglect: Recognition and Reporting

Fire in the Facility! Are You Prepared?

Health Screening For Child Care Professionals

Helping Children Handle Stress

Playground Safety

Preventing Injuries in the Child Care Environment

Safely on the Move: Securing Children for Transport

Sun Safe – Sun Protection Curriculum (Videoconference)

Visual Health in the Preschool Population

LITERACY, READING AND LANGUAGE DEVELOPMENT

Mother Goose Asks, "Why?"

Mother Goose Cares about the Early Years

MATH READINESS

Living Math: Financial Awareness for School-Age Children

Numeracy for Preschoolers: 1-2-3 Play With Me (Videoconference)

You Can Count on Mother Goose

NUTRITION AND PHYSICAL FITNESS

Babies and Toddlers Need Exercise, Too

Beyond Baby Fat: The Truth About Preschool Obesity

Fit Kidz: Physical Fitness Activities for Maintaining a Healthy Lifestyle

Fit Kidz II: Preschoolers on the Move

Food and Fitness in Virginia

From Picky Eaters to Overeaters: Challenges in Feeding Young Children

SCIENCE

Garden and Nature Crafts Gardening for Children

NOTES

VIRGINIA DEPARTMENT OF
SOCIAL SERVICES
Division of Child Care and Development
7 North Eighth Street, 6th Floor
Richmond, Virginia 23219-3301

www.dss.virginia.gov/redirect/?83

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